

# Intramural Sports

## Summary

Information about intramural sports offered at A-B Tech

## Overview

Intramural sports are offered each fall and spring term and are open to faculty, staff, and students, from beginners to advanced athletes. The only requirements to participate are proper athletic wear and shoes.

Volleyball participants need to have some prior experience in the sport, such as varsity, club, league, or previous intramural experience.

For more information, contact Rhonda Davidson at [\(828\) 398-7843](tel:8283987843) or [rhondaldavidson@abtech.edu](mailto:rhondaldavidson@abtech.edu). You can also stop by the Coman Gymnasium (#8 on our [campus map](#)), room 106 with any questions.

**Key Words:** intramural sports, sports, intramural, activities, gym, gymnasium, club, clubs, volleyball, basketball

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